BASIC MANICURE/PEDICURE - PUBLIC
Course Syllabus

Course Number: COSM-0441
OCAS Code: None
Course Length: 60 Hours
Career Cluster: Human Services
Career Pathway: Personal Care Services
Career Major(s): Cosmetologist – Public

Pre-requisite(s):
Course Description: (Hours per student are set by the Oklahoma State Board of Cosmetology licensure guidelines.)
The student learns basic manicure and pedicure techniques.

Textbooks:

Course Objectives:
A. Complete Manicuring/Pedicuring.
   1. List the abilities of a good manicurist.
   2. Identify the natural nail shapes.
   3. Demonstrate the proper use of implements, cosmetics, and materials used in manicuring.
   4. Demonstrate the proper procedure and sanitary and safety precautions for a manicure.
   5. Demonstrate massage techniques used when giving a manicure.
   6. Define and demonstrate the different types of manicures.
   7. Explain and demonstrate advanced nail techniques
   8. Demonstrate the procedure for a pedicure.

B. Identify Nail and Its Disorders.
   1. Describe the structure and composition of nails
   2. Describe the structures adjoining and affecting nails.
   3. Discuss how nails grow.
   4. List the various disorders and irregularities of clients’ nails.
   5. Recognize diseases of the nails that should not be treated in the beauty salon.

C. Analyze Anatomy of the Hands.
   1. Identify anatomy of the hand
      a. Muscles
      b. Nerves
      c. Bones
      d. Blood Vessels
   2. Discuss benefits of massage therapy.

1 ODCTE Objective
All unmarked objectives are TTC instructor developed.
Teaching Methods: The class will primarily be taught by the lecture and demonstration method and supported by various media materials to address various learning styles. There will be question and answer sessions over material covered in lecture and media presentations. Supervised lab time is provided for students to complete required projects.

Grading Procedures: 1. Students are graded on theory and shop practice and performance.
2. Each course must be passed with seventy-five (75%) percent or better.
3. Grading scale: A=90-100%, B=80-89%, C=70-79%, D=60-69%, F=50-59%.

Description of Classroom, Laboratories, and Equipment: Tulsa Technology Center campuses are owned and operated by Tulsa Technology Center School District No. 18. All programs provide students the opportunity to work with professionally certified instructors in modern, well-equipped facilities.

Available Certifications/College Credit: The student may be eligible to take state, national or industry exam after completion of the program. College credit may be issued from Oklahoma State University-Okmulgee or Tulsa Community College. See program counselor for additional information.

College Credit Eligibility: The student must maintain a grade point average of 2.5 or better.