Course Number: COSM-0066
OCAS Code: None
Course Length: 30 Hours
Career Cluster: Human Services
Career Pathway: Personal Care Services
Career Major(s): Cosmetologist - Public

Pre-requisite(s):
Course Description: (Hours per student are set by the Oklahoma State Board of Cosmetology licensure guidelines.)
The student will learn basic facial treatments and techniques.

Textbooks:

Course Objectives:

A. Discuss Theory of Massage.
1. Describe the purpose of massage.
2. Describe the manipulations used in massage, and their benefits.
3. Identify the various types of massage movements and how they are applied.
4. Identify the motor nerve points of the face and neck.
5. List the physiological effects of massage.

B. Demonstrate Facials.
1. Describe the beneficial effects of a facial.
2. List the materials and equipment required for facial treatment.
3. Demonstrate basic procedure for a facial.
4. Demonstrate the required or optional manipulations for a facial.
5. Identify the various types of corrective facials given in the beauty salon.
6. Describe packs and masks and their possible ingredients.
7. Describe materials and procedures for various facemasks.
8. Identify reasons a client might find fault with a facial treatment.

C. Demonstrate Facial Makeup.
1. List the types of cosmetics used for facial makeup and their purposes.
2. Describe correct makeup application procedures.
3. Identify the different facial types.
4. Demonstrate the different procedures for basic corrective makeup.
5. Demonstrate the application and removal of artificial eyelashes.
6. List the safety precautions to be observed in the application of makeup.

D. Identify Skin and Its Disorders.
1. Describe the structure and composition of the skin (histology).
2. List the functions of the skin.
3. Define important terms relating to skin disorders.
4. Discuss which skin disorders may be handled in the beauty salon and which should be referred to a physician.

E. Describe Cells, Anatomy, and Physiology.
1. Define the functions of human cells.
2. Describe the various types of tissues.
3. Describe the structures and functions of the human body.
4. Demonstrate an understanding of the human body and how they function.

F. **Demonstrate Removing Unwanted Hair.**
1. List the two general classifications of unwanted hair removal.
2. Identify the three methods of permanent hair removal.
3. Demonstrate the techniques involved in the thermolysis method of permanent hair removal.
4. Demonstrate the methods of temporary hair removal.

G. **Discuss Electricity and Light Therapy.**
1. Define the nature of electricity and name two forms of electricity.
2. Explain the proper use of the different types of electricity and the safety precautions that must be followed when using electricity.
3. Define the four types of current and explain the benefits derived from the various currents.
4. List and describe electrical appliances available for use in the salon.
5. Demonstrate the proper uses of light therapy.

¹ ODCTE Objective
All unmarked objectives are TTC instructor developed.

**Teaching Methods:**
The class will primarily be taught by the lecture and demonstration method and supported by various media materials to address various learning styles. There will be question and answer sessions over material covered in lecture and media presentations. Supervised lab time is provided for students to complete required projects.

**Grading Procedures:**
1. Students are graded on theory and shop practice and performance.
2. Each course must be passed with seventy-five (75%) percent or better.
3. Grading scale: A=90-100%, B=80-89%, C=70-79%, D=60-69%, F=50-59%.

**Description of Classroom, Laboratories, and Equipment:**
Tulsa Technology Center campuses are owned and operated by Tulsa Technology Center School District No. 18. All programs provide students the opportunity to work with professionally certified instructors in modern, well-equipped facilities.

**Available Certifications/College Credit:**
The student may be eligible to take state, national or industry exam after completion of the program. College credit may be issued from Oklahoma State University-Okmulgee or Tulsa Community College. See program counselor for additional information.

**College Credit Eligibility:**
The student must maintain a grade point average of 2.5 or better.