FACIAL MASSAGE & TREATMENT
Course Syllabus

Course Number: BARB-1236
OCAS Code: None
Course Length: 40 Hours
Career Cluster: Human Services
Career Pathway: Personal Care Services
Career Major(s): Barber

Pre-requisite(s): Students will study process of deep-cleansing facials, firming mask, and moisturizes treatment and proper massage technique for facial manipulations.

Course Description:

Course Objectives:

A. Discuss Subdermal Systems and Facial Massage
1. Explain the benefits of facial massage and treatments.
2. Name the three subdermal systems connected with facial treatments.
3. Describe the location and stimulation of muscles.
4. Describe the location and stimulation of nerves.
5. List benefits of stimulation of facial nerves.
6. Locate the pairs of cranial nerves that are important to massaging the head, face, and neck.
7. Find the main arteries that supply blood to the head, face, and neck.
8. Identify the main veins in which blood is returned to the heart from the head, face, and neck.

B. Explain the Theory of Massage
1. List the benefits of massage.
2. Demonstrate the different types of massage manipulations.

C. Identify Equipment for Massage Treatments
1. Identify types of facial treatment equipment.
2. Demonstrate the correct procedures for different massage treatments.

D. Demonstrate Facial Treatments
1. Define the two types of facial treatments.
2. Discuss the products used in facial treatments and characteristics of each.
3. Name skin types and the correct facial treatments and products for each skin type.
4. Describe steps to performing a skin analysis.
5. Complete documentation for client consultation card and facial record.
6. Demonstrate the proper procedures for each type of facial treatment.
7. Practice caution and safety when performing facial treatments and massage.

Textbooks:
Teaching Methods: The class will primarily be taught by the lecture and demonstration method and supported by various media materials to address various learning styles. There will be question and answer sessions over material covered in lecture and media presentations. Supervised lab time is provided for students to complete required projects.

Grading Procedures:
1. Students are graded on theory and shop practice and performance.
2. Each course must be passed with seventy (70%) percent or better.
3. Grading scale: A=90-100%, B=80-89%, C=70-79%, D=60-69%, F=50-59%.

Description of Classroom, Laboratories, and Equipment: Tulsa Technology Center campuses are owned and operated by Tulsa Technology Center School District No. 18. All programs provide students the opportunity to work with professionally certified instructors in modern, well-equipped facilities.

Available Certifications/College Credit: The student may be eligible to take state, national or industry exam after completion of the program. College credit may be issued from Oklahoma State University-Okmulgee or Tulsa Community College. See program counselor for additional information.

College Credit Eligibility: The student must maintain a grade point average of 2.0 or better.

1 Oklahoma State Barber Board Objective
2 ODCTE Objective
All unmarked objectives are TTC instructor developed.