HOME HEALTH CARE NURSING ASSISTANT DEEMING
Course Syllabus

Course Number: THRP-0010B
OCAS Code: 9322
Course Length: 16 Hours
Career Cluster: Health Science
Career Pathway: Therapeutic Services
Career Major(s): Long Term Care/Home Health Care Nursing Assistant, Home Health Care Nursing Assistant

Pre-requisite(s): Long Term Care Assistant career major must be successfully completed before taking this career major. Certification as a Long Term Care Nurse Assistant or concurrent enrollment in the Long Term Care Nurse Assistant career major.

Course Description: This course meets the requirements set by the Oklahoma Department of Health for home health care assistant. Upon completion of this course, the student will be eligible to set for the state certification exam. Use this course when adding the entire career major to another career major.

Textbooks:

Course Objectives:

A. Role of the Nursing Assistant in Home Health Care
   1. Identify the members of the nursing team and requirements for education and training. ¹
   2. Define terms. ¹
   3. Determine appropriate situations the when the CNA should contact the home health agency. ¹
   4. Identify the chain of command to be followed when problems are identified. ¹
   5. Identify state and federal regulations (OBRA) affecting nurse assistants. ¹
   6. Describe the role, responsibilities, and limitations of nurse assistants working within the scope of practice. ¹
   7. List potential agencies that employ home health care aides. ¹
   8. Identify the prerequisites to becoming a home health care aide in the state of Oklahoma. ¹
   9. State how to maintain a home health care aide certification. ¹
   10. List ways to verify state of Oklahoma requirements for the home health care aide.¹
   11. Discuss when to contact the nurse aide registry. ¹
   12. Discuss advancement options for the home health care aide.¹
   13. Discuss options for further educational opportunities for the home health care aide. ¹

B. Special Skills for the Home Health Aide
   1. Demonstrate how to move a patient in bed properly. ¹
   2. Describe geriatric nutritional requirements. ¹
   3. Plan nutritious meals for a 24-hour period using the geriatric food pyramid. ¹
   4. Prepare a meal as planned in Objective 3. ¹
   5. Demonstrate how to clean equipment used in the home (includes kitchen, home appliances, & health care equipment). ¹
6. Demonstrate how to sort laundry.
8. Maintain focus on tasks until completed.
9. Identify distracters in a work environment.
10. Discuss ways to keep distractions at a minimum.
11. Identify signs of pest problems in the home.

C. Communication in Home Health Care
1. Demonstrate techniques for communicating with clients and families.
2. Respond appropriately to client and family behaviors.
3. Utilize techniques that facilitate communication with special populations.
4. Demonstrate techniques for communicating with home health interdisciplinary team members.
5. Demonstrate appropriate behavior management techniques.
6. Recognize the need for setting boundaries and limits between care giver and client.
7. Follow agency policy and procedure for reporting and documentation.
8. Review techniques for the measurement of vital signs and documentation, including pain as the fifth vital sign.
9. Recognize, document and report changes in behavior, environment and physical well being.
10. Discuss different types of family dynamics.
11. Communicate information in a timely manner.

D. Safety in Home Health Care
1. Identify unsafe conditions in a home setting.
2. Identify situations that affect personal safety.
3. List ways to protect yourself in unsafe situations.
4. Discuss the proper safety procedures for:
   a. electrical problems
   b. floods
   c. fire
   d. tornado
   e. the smell of gas
   f. illegal drugs in a home
   g. firearms in a home
5. Demonstrate safe use of common household chemicals.
6. Identify ways to promote a safe environment for the home health care client in regard to:
   a. preventing falls
   b. handling animals
   c. using oxygen safely
   d. smoking
7. Demonstrate application of ordered restraints.
8. Demonstrate proper safety procedures for a client with limited mobility.
9. Demonstrate proper use of:
   a. a fire extinguisher
   b. electrical appliances
   c. of gas appliances

E. Meeting Basic Human Needs for Clients in Home Health Care
1. Identify techniques to encourage client independence, dignity and self esteem.
2. Use techniques that promote client independence in:
   a. Providing choices (meals, clothing)
   b. Scheduling home health visits.
3. Distinguish between types of psychosocial needs.
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- Emotional
- Mental Health
- Spiritual
- Cultural

4. Respond appropriately to the psychosocial needs of the client and family.
5. Identify and report symptoms of depression.
6. Demonstrate techniques for responding to psychosocial needs of diverse populations.

1 ODCTE Objective
All unmarked objectives are TTC instructor developed.

Teaching Methods: The class will primarily be taught by the lecture and demonstration method and supported by various media materials to address various learning styles. There will be question and answer sessions over material covered in lecture and media presentations. Supervised lab time is provided for students to complete required projects.

Grading Procedures: 1. Students are graded on theory and lab practice and performance.
2. Each course must be passed with seventy (70%) percent or better.
3. Grading scale: A=90-100%, B=80-89%, C=70-79%, D=60-69%, F=50-59%.
4. Career Major grades established during coursework are a major criteria in successfully obtaining certification.

Description of Classroom, Laboratories, and Equipment: Tulsa Technology Center campuses are owned and operated by Tulsa Technology Center School District No. 18. All programs provide students the opportunity to work with professionally certified instructors in modern, well-equipped facilities.

Available Certifications/College Credit: The student may be eligible to take state, national or industry exam after completion of the program. College credit may be issued from Oklahoma State University-Okmulgee or Tulsa Community College. See program counselor for additional information.

College Credit Eligibility: The student must maintain a grade point average of 2.0 or better. Licensed Practical Nurse (LPN), require a 3.0 GPA or better due to the Articulation Agreements and/or accreditation/certification requirements.