MENTAL HEALTH CLINICAL  
Course Syllabus

Course Number: OHLAP Credit: No
OCAS Code: None  
Course Length: 30 Hours  
Career Cluster: Health Science  
Career Pathway: Therapeutic Service  
Career Major(s): Practical Nurse

Prerequisites:  
Block 1 Courses (Long Term Care Nurse Assistant, Anatomy, and Medical Terminology)  
Block 2 Courses (Concepts of Nursing, Fundamentals of Nursing, Pharmacology, Clinical I Basic Nursing)  
Block 3 Courses (Medical Surgical Nursing I, Clinical 2A – Medical Surg. Nursing I, Clinical 2B - Medical Surg. Nursing I, Maternal Newborn Theory, Maternal Newborn Clinical, IV Therapy)

Mental Health Clinical may be taken concurrently with Mental Health Theory in block 4 or 5.

Course Description:  
The PN student will assist the patient and significant others during the normal expected stages of growth and development from conception throughout the life span the clinical environment. The PN student will provide patient care related to prevention and early detection of health problems.

Textbooks:  
Mosby’s Diagnostic and Lab Test Reference, 12th Edition, Elsevier  
Success in Practical Nursing, 7th Edition, Elsevier  
Elsevier Pharmacology & Intravenous Therapy Skills Curriculum, CIMC SimChart,( 6-Month Access) Elsevier
# Mental Health Clinical Objectives

## A. Mental Health

### 1. Data Collection and Assessment

a. Demonstrate clinical skills for mental health patients.

b. Utilize patient’s chart, electronic records, Kardex, and existing care plans.

c. Interpret accurate objective and subjective data collection.

d. Contribute to ongoing patient mental health assessment.

e. Recognize changes in patient mental health status.

f. Recognize signs and symptoms of acute and chronic mental illness.

g. Identify signs and symptoms of impaired cognition of patient.

h. Identify changes in patient mental status.

i. Monitor patient and family responses to interventions and treatment plan.

j. Monitor patient and family for signs and symptoms of abuse/neglect.

k. Identify patient risk factors for domestic, child, elder abuse/neglect, and sexual abuse.

l. Recognize patient and family risks for abuse/neglect.

m. Identify patient signs and symptoms of alcohol/drug dependency, withdrawal, and toxicity.

n. Monitor mental status of patient.

o. Identify patient and family in crisis.


q. Identify patient orientation to reality.

r. Monitor changes in patient appearance, mood and psychomotor behavior.

s. Monitor patient and family responses to treatment plan.

t. Monitor effectiveness of behavioral/therapeutic.

### 2. Planning

a. Incorporate patient data in contributing to the plan of care.

b. Modify nursing plan of care, according to the nursing process.

c. Prioritize patient care according to Maslow’s Hierarchy of Needs, using critical thinking and creative problem solving techniques.

d. Assist family in planning care for patient with impaired cognition.

e. Assist in planning care for patient with acute or chronic mental illness.

### 3. Implementation

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Revised: 10/27/2016
a. Execute nursing interventions in an organized, timely, safe, and efficient manner.

b. Adapt nursing care in response to changes in patient condition and based on age-appropriateness.

c. Perform skills associated with the mental health patient.
   1) Promote a safe environment for the patient.
   2) Reinforce patient and family teaching on substance abuse and coping strategies to help prevent future abusive situations.
   3) Support victims/suspected victims of abuse and their families.
   5) Encourage patient and family to participate in support groups.
   6) Encourage counseling for patient with drug/alcohol dependency.
   7) Provide care to patient experiencing alcohol/drug withdrawal or toxicity.
   8) Review patient and family reactions to chemical dependency diagnosis.
   9) Assist in teaching patient and family about diagnosis and signs and symptoms of mental illness.
  10) Recognize cultural issues that could impact patient and family understanding/acceptance of diagnosis.
  11) Assist patient in developing and using strategies to decrease anxiety.
  12) Assist patient with acute or chronic mental illness in self-care activities.
  13) Develop and maintain therapeutic relationships with patient and family.
  14) Encourage patient and family participation in group/family therapy.
  15) Set limits on inappropriate patient behaviors.
  16) Use crisis intervention techniques as appropriate for patient.
  17) Use interventions to assist patient in controlling behavior.
  18) Use therapeutic interventions to increase patient understanding of own behavior.
  19) Orient patient to reality.
  20) Participate in community meetings.
  21) Participate in group therapy sessions for patient with psychosocial disorder.
d. Administer medications accurately and safely, utilizing the Six Rights of Medication Administration.  

e. Provide accurate patient and family teaching within your current scope of practice.  

f. Facilitate continuity of care in all documentation and communication.  

g. Notify appropriate faculty or staff of significant data, including changes in patient condition or staffing.  

4. Evaluation

a. Report any variances, incidents, or irregular occurrences.  

b. Provide input into the patient’s response to interventions, determining if patient needs have been met.  

c. Provide input into the modifications made to nursing plan of care for effectiveness.  

d. Provide input into the patient and family knowledge obtained from patient teaching sessions.  

e. Monitor patient adherence to treatment plan.  

f. Monitor patient alterations in mood, judgment, cognition and reasoning.  

g. Monitor patient and family reactions to diagnosis.  

5. Professional Behavior and Accountability

a. Maintain safe, respectful, and confidential environment for patient, self, and others.  

b. Delegate care appropriately.  

c. Demonstrate professional responsibility and dependability by complying with facility and clinical policies.  

d. Comply with professional standards in appearance, attitude, and behavior appropriate clinical settings.  

e. Display good judgment, seeking appropriate guidance as needed.  

f. Appropriately respond to direction and constructive feedback.  

g. Demonstrate professional and ethical behavior, functioning within your current LPN/LVN student scope of practice.  

h. Maintain effective communication and interpersonal relationships with patients, family, facility staff, faculty, and students.  

i. Serve as a positive role model, encouraging teamwork and cooperation among health care team members.  

j. Demonstrate resourcefulness, using initiative and displaying good critical thinking and problem-solving skills.  

k. Demonstrate cultural competency in patient care related to patient’s physical, psychosocial, cognitive, and moral needs.  

l. Employ appropriate practices to manage stress and to encourage proper self-care.  

m. Constructively use time to maximize care, update patient information, and identify further learning opportunities.  

n. Effectively and efficiently manage limited resources and contain costs.  

o. Actively participate in learning activities, including clinical and educational opportunities.  


1 ODCTE Objective
All unmarked objectives are TTC instructor developed.

Certification for Advanced Unlicensed Assistants - Some individuals may be eligible to establish that they have had equivalent training, based on completion of formal classroom, laboratory, and clinical training. Such training may have been obtained in a nursing education program, in the military, in a similar program in another state, or through inservice training. An application packet for equivalency evaluation is available from the Oklahoma Board of Nursing.

Teaching Methods: This course will be taught primarily in the clinical setting. Instructor supervised, observational or preceptor experiences may be utilized.

Grading Procedures: Students are graded on performance of specific objectives in the clinical setting. Grading is Pass/Fail.

Description of Classroom, Laboratories, and Equipment: Tulsa Technology Center campuses are owned and operated by Tulsa Technology Center School District No. 18. All programs provide students the opportunity to work with professionally certified instructors in modern, well-equipped facilities.

Available Certifications/College Credit: The student may be eligible to take state, national or industry exam after completion of the program. Tulsa Tech students may be able to earn college credit based on their knowledge gained at Tech. The process of earning credit through Prior Learning Assessment (PLA) will be determined after completion with Tech and based on certification, credential or knowledge of the subject. See program counselor for additional information.
College Credit Eligibility: All Tulsa Tech students (high school and adult) may have the opportunity to receive college credit upon completion of their program. Our College Relations office will work with students regarding the benefits of Prior Learning Assessments (PLA) toward an Associate of Applied Science (AAS) degree or a technical college certificate at area colleges. For more details call the College Relations office at 918.828.5000.