## MENTAL HEALTH THEORY
### Course Syllabus

<table>
<thead>
<tr>
<th>Course Number:</th>
<th>OHLAP</th>
<th>Credit:</th>
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<tbody>
<tr>
<td></td>
<td></td>
<td>No</td>
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<table>
<thead>
<tr>
<th>OCAS Code:</th>
<th>None</th>
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<tbody>
<tr>
<td>Course Length:</td>
<td>42 Hours</td>
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<tr>
<td>Career Cluster:</td>
<td>Health Science</td>
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<tr>
<td>Career Pathway:</td>
<td>Therapeutic Service</td>
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<tr>
<td>Career Major(s):</td>
<td>Practical Nurse</td>
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### Pre-requisite(s):
- Block 1 Courses (Long Term Care Nurse Assistant, Anatomy, and Medical Terminology)
- Block 2 Courses (Concepts of Nursing, Fundamentals of Nursing, Pharmacology, Clinical I Basic Nursing)
- Block 3 Courses (Medical Surgical Nursing I, Clinical 2A – Medical Surg. Nursing I, Clinical 2B - Medical Surg. Nursing I, Maternal Newborn Theory, Maternal Newborn Clinical, IV Therapy)

### Course Description:
This course presents an introduction to Mental Health Nursing with a focus on the role of the practical nurse. The course begins with universal concepts needed in the care of clients experiencing a mental health alteration. An understanding of the health care needs of clients experiencing common mental health alterations is then built upon this foundation. The course concludes with mental health issues, as well as care needs, that frequently challenge the elderly.

### Textbooks:
MENTAL HEALTH THEORY

Mosby’s Diagnostic and Lab Test Reference, 12th Edition, Elsevier


Success in Practical Nursing, 7th Edition, Elsevier


Elsevier Pharmacology & Intravenous Therapy Skills Curriculum, CIMC

SimChart,( 6-Month Access) Elsevier

Course Objectives:

A. Participate in the management of the therapeutic environment.¹
B. Utilize therapeutic communication skills at a beginning level.¹
C. Discuss the role of the practical nurse in psychopharmacology.¹
D. Utilize developed care plans to provide care for clients experiencing a variety of common mental health alterations.¹
E. Provide practical nursing care for the client experiencing a mental health alteration commonly found in the elderly.¹

¹ ODCTE Objective

Certification for Advanced Unlicensed Assistants - Some individuals may be eligible to establish that they have had equivalent training, based on completion of formal classroom, laboratory, and clinical training. Such training may have been obtained in a nursing education program, in the military, in a similar program in another state, or through inservice training. An application packet for equivalency evaluation is available from the Oklahoma Board of Nursing.

Teaching Methods:

This course will be taught in the classroom, lab and various other settings. A variety of instructional tools will be utilized, including lecture, independent study/practice, guided study/practice, audio/visual, and computer and web based applications.

Grading Procedures:

Students are graded based on performance of activities, such as labs, worksheets, study guides, quizzes and exams. Each course must be passed with eighty (80) percent which correlates to the district grading scale of a “B”. Courses may have higher requirements for certain items within the course. The district grading scale is as follows:

A = 90-100%
B = 80 -89%
### Description of Classroom, Laboratories, and Equipment:

Tulsa Technology Center campuses are owned and operated by Tulsa Technology Center School District No. 18. All programs provide students the opportunity to work with professionally certified instructors in modern, well-equipped facilities.

### Available Certifications/College Credit

The student may be eligible to take state, national or industry exam after completion of the program. Tulsa Tech students may be able to earn college credit based on their knowledge gained at Tech. The process of earning credit through Prior Learning Assessment (PLA) will be determined after completion with Tech and based on certification, credential or knowledge of the subject. See program counselor for additional information.

### College Credit Eligibility:

All Tulsa Tech students (high school and adult) may have the opportunity to receive college credit upon completion of their program. Our College Relations office will work with students regarding the benefits of Prior Learning Assessments (PLA) toward an Associate of Applied Science (AAS) degree or a technical college certificate at area colleges. For more details call the College Relations office at 918.828.5000.

C = 70-79%
D = 60-69%
F = below 59%